

Barbara Kaynan



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*RTP-based innovative,
compassionate leader
in bridging arts with
community building & healthcare*

MA in Drama Therapy

NYU – Steinhardt, 2015

Thesis title: Clinician as Director:
Facilitating intersections of therapy
and theatre in drama therapy

BA in Dramatic Art

UNC – Chapel Hill, 2009

PROFESSIONAL MEMBERSHIP:

North American Drama Therapy
Association, 2013 - present

PROFESSIONAL SERVICE:

Peer Review Editor, 2019 - present
Drama Therapy Review

Drama Therapy Rep, 2013-2015
NYU Creative Arts Therapy Day
Planning Committee

TRAINING:

KINT Institute, 2017

Certificate Program in the Arts and Trauma Treatment

Psychodrama Training (additional to NYU), 2015

Directing Sociodrama with Nina Garcia, LCSW, EdP, TEP, BCT

Primary Stages Einhorn School of Performing Arts, 2012

Site-Specific Directing with Daniel Talbott

Mastering the Pre-Production Process with May Adrales

School of Visual Arts, 2011

Directing for Film

British American Drama Academy: Midsummer in Oxford, 2007

Certificate in performing Shakespeare

Master classes: Jeremy Irons, Alan Rickman, Fiona Shaw, John Barton, &
Deborah Warner

UNC – Chapel Hill Birch Honors Research Program, 2007

1 of 16 students accepted to work and study theatre in NYC

UNC – Chapel Hill Study Abroad in London, 2007

British theatre, culture, and education

TEACHING & UNIVERSITY EXPERIENCE:

Drama Therapist / PRC at UNC - Chapel Hill / 2018 - 2019

Provided therapeutic support for ensembles, production staff, and audiences
for *JUMP* and *How I Learned to Drive*

Adjunct Professor / Long Island University – CW Post / 2016 - 2018

Survey in Expressive Arts Therapies

Co-created syllabus for undergraduate course

Solely responsible for designing & instructing the Drama Therapy unit

Teacher's Assistant / New York University – Steinhardt / 2015

Aesthetics in Therapeutic Theater

Co-created syllabus for graduate level course

Supported facilitation of in-class lectures & led lectures independently

Tutored students outside of class

Guest Speaker / New York University – Gallatin / 2015

Introduction to Creative Arts Therapy

Presented on intermodal co-facilitation in therapy for undergraduates

Assistant Site Director / Wingspan Arts / 2012

Supervised teachers and students

Afterschool program, NY public elementary school setting

PUBLICATIONS:

Kaynan, B. and Wade, C. (2018). Therapeutic theatre as family therapy: Integrating drama therapy and experiential family therapy. *Drama Therapy Review* (4.1).

CONFERENCES:

Co-Presenter / North American Drama Therapy Association / 2018

The Birds: Transforming Community Through Therapeutic Theater

Methodology for creating therapeutic theatre with & for older adults experiencing skilled nursing & memory care needs

Ethics and Aesthetics in Ethnotheatre: An Exploration of Terms, Trends, and Intricacies

Aesthetic & ethical intricacies involved in creating ethnotheatre

Co-Presenter / North American Drama Therapy Association / 2017

Holding the Holocaust: The Witness Theater Model of Therapeutic Theatre

Therapeutic theatre model that can be replicated or adapted for treating individuals living with trauma histories

Co-Presenter / North American Drama Therapy Association / 2017

Holding the Holocaust: The Witness Theater Model of Therapeutic Theatre

Co-presenter for conference session on a specific therapeutic theatre model that can be replicated or adapted for the treatment of individuals coping with trauma histories

Co-Presenter / North American Drama Therapy Association / 2016

Playing with Research, Clinical Process, and Performance

Co-presenter on the intersections of drama therapy, family systems therapy, chronic illness, & therapeutic theatre

Co-Presenter / Face to Face, New York City Arts in Education Roundtable / 2015

Finding Aesthetics and Ethics in Arts-Based Research

Aesthetic & ethical considerations throughout applied/therapeutic theatre collaboration at NYU

Co-Presenter / Global Summit, Move This World / 2014

Towards the Fear

Aesthetic & ethical considerations throughout applied/therapeutic theatre collaboration at NYU

SELECTED PRESS:

Visit barbarakaynan.com/press for the following press links (& more):

Witness Theater, 2018

- [NEWSDAY: Teens act out Holocaust survivors' stories in Witness Theater](#)
- [Reflections: Witness Theater Long Island 2018](#)

The Birds, 2017

- [Finding Community on Stage](#)
- [Residents of the Hebrew Home perform in *The Birds*](#)

GRANTS:

NYU Steinhardt Challenge Grant Recipient / 2015

Awarded funds to devise, produce, and direct an arts-based research project on chronic illness integrating drama therapy, therapeutic theatre, and family systems therapy. Directed ensemble including graduate students and professors from the drama therapy and applied psychology departments at NYU. Invited to present on this work to the other grant awardees.

Chatham County Arts Grant Recipient / 2008

Awarded funds to transfer my production of *The Shape of Things* (see below) to the community of Pittsboro, NC.

Carolina Student Arts Grant Recipient / 2008

Awarded funds from UNC-CH to produce and direct a multi-media, interdisciplinary and inter-departmental production of *The Shape of Things* by Neil LaBute. Set design by studio art major, original composition by music major, artwork by studio art majors showcased in gallery exhibit as supplemental programming.

UNC – Chapel Hill, The Andy and Cindy Griffith Fund Recipient / 2006 - 2007

Awarded by the Dramatic Art department of the University of North Carolina at Chapel Hill for displaying excellence in the field, participating in extracurricular activities, and for demonstrating good character.

CREATIVE ARTS THERAPY:

Drama Therapist / The Hebrew Home at Riverdale by RiverSpring Health / 2016 - 2018

- Facilitated 17 groups/week, for older adults with skilled nursing & memory care needs
- Co-facilitated weekly Community Theatre Group and directed new play, *The Birds* (see selected press section)
- Supervised Master's level drama therapy intern
- Completed MDS documentation for caseload of 93 residents and contributed to weekly care team & family meetings
- Co-planned & co-facilitated memorial services honoring deceased residents

Director & Drama Therapist / Witness Theater Program for Selfhelp, Inc / 2015 - 2018

- Promoted from Assistant to Director after one year, led team of drama therapists & social workers
- Facilitated intergenerational groups of Holocaust survivors & adolescents in therapeutic theatre process resulting in public performances live-streamed throughout the world
- Designed and ran weekly sessions, script development, & direction of original theatre pieces representing the survivors' life stories & meaningful group connections
- Earned UJA-Federation of NY over \$500,000 in donations from the 2018 production

Drama Therapist / Enact, Inc / 2017

- Provided group & individual sessions for at-risk adolescents suspended from school

Creative Arts Therapist / Lenox Hill Hospital Inpatient Acute Psychiatric Unit: 8 Uris / 2014 - 2016

- Advanced to Creative Arts Therapist from internship directly after graduation
- Created & ran group & individual sessions for adults ages 18-85 years old & conducted initial assessments
- Facilitated sessions for children ages 6-15 years old & their families on the Pediatrics Postoperative Unit

Drama Therapy Intern / Nordoff – Robbins Center for Music Therapy / 2014 - 2015

- Co-facilitated, with a Music Therapist, weekly sessions utilizing drama & music therapies for an eight-year-old child living with Autism Spectrum Disorder
- Initiated & co-facilitated family meetings to discuss treatment developments & goals

Drama Therapy Intern / Brooklyn Community PROS / 2014

- Developed curriculum and ran groups for adults, ages 18-62 years old, with chronic & persistent mental illness
- Facilitated intakes & admissions and led weekly group for new consumers & at-risk individuals
- Co-lead weekly Psychodrama group with supervisor

Drama Therapy Intern / NYU's *As Performance* Therapeutic Theatre Series / 2013 - 2015

- Assistant Director & Stage Manager, plays researching & treating BPD, addiction, systemic trauma, sex, guns, & bullying

ARTS MANAGEMENT:

Special Events Manager / ENACT, Inc / 2016

- Contracted for three months to manage the end-of-year performance fundraising event
- Secured in-kind donations and discounts for event catering and panel gifts
- Developed & successfully implemented day of event staff assignments & schedule
- Obtained new corporate support from Credit Suisse & strengthened ongoing partners & prospects

Program Intern / HERE Arts Center / 2012

- Reported directly to the Founding Artistic Director (AD)
- Handled correspondence with artists, assessed submissions, and coordinated HERE's artistic programming schedule for two performance spaces & one art gallery
- Attended & reviewed performances on behalf of AD

Programming Fellow / Stage Directors and Choreographers Foundation / 2011 - 2012

- Promoted after four months from intern to Programming Fellow
- Initiated design & maintenance of a new website when the main site crashed so SDCF community could continue to access current programming information
- Co-created content for Emerging Artists Symposium – curated panel members & provided outreach support
- Assistant producer for robust schedule of programs & funding/marketing efforts
- Updated quarterly activities reports for board and funders

Development Assistant / The Lark / 2010 - 2011

- Promoted to Development Assistant after four months as the Artistic Programming Intern
- Generated content for monthly newsletters sent to funders & advocates
- Drafted and proofed grant applications & reports
- Simultaneously supported Lark's first capital campaign & \$5 drive campaign while fundraising for the fiscal year end & moving into a new office space
- Initiated and completed reorganization of Lark's database and tracking sheet of funders & prospects

Artistic Programming Intern / The Lark / 2010

- Assisted the Director of Onsite Programs in the production of five readings, three ongoing writing programs, & one writer's salon within four months' time
- Initiated & completed transitioning paper casting files to an electronic system

Development Intern, Marketing Intern / Manhattan Theatre Club / 2009 - 2010

- Assisted with special fundraising events and marketing efforts, one semester in each department
- Earned MTC large contributions through achieving Special Nights on Broadway sales from patrons
- Researched & secured in-kind donation of one-year free coffee for MTC's patron lounges in their theatres

Interim Artistic Assistant / Ars Nova Theater / 2007

- Promoted to Interim Artistic Assistant after four months as Artistic Intern (left to complete BA degree)
- Oversaw application process for inaugural Playgroup program from submission deadline to final acceptance
- Stage Manager & stage directions reader for the Out Loud reading series developing new plays

Rotating Intern / Disney Theatrical Productions / 2006

- Observed & supported the Creative, Casting, Marketing, and Operations departments for summer internship

STAGE DIRECTION: ♦ indicates world premiere

DIRECTING (highlights)

<u>Title, Playwright</u>	<u>Company</u>	<u>Year</u>
♦ <i>Witness Theater</i> , Barbara Kaynan with group participants	Selfhelp, Inc	2018
♦ <i>The Birds</i> , Rachel Kauder Nalebuff, Barbara Kaynan & group	The Hebrew Home & NYU DT Program	2017
♦ <i>Witness Theater</i> , Barbara Kaynan with group participants	Selfhelp, Inc	2017
♦ <i>Chain Play</i> , Barbara Kaynan	NYU Steinhardt Challenge Grant	2015
♦ <i>Life After</i> , Barbara Kaynan, Rachael Harrington & Sara Lyons	HERE Arts Center (co-director)	2013
♦ <i>The Beautiful Beautiful Sea Next Door</i> , Annah Feinberg	EBE Ensemble	2012
♦ <i>Behind Closed Doors</i> , Lynn S. Silver	The Lark (Roundtable)	2012
♦ <i>HUD: A Brief History of Communication</i> , Danny Carroll	Duct Tape & A Dream Festival	2012
♦ <i>Curse the Darkness</i> , Patrick Gabridge	EBE Ensemble, Elephants on Parade	2012
♦ <i>Life After</i> , Barbara Kaynan, Rachael Harrington, & Sara Lyons	Red Fern Theatre Company (Reading)	2012
♦ <i>Alter Egos</i> , Antony Hagopian	Ground Up, Annual Reading Series	2012
♦ <i>Hamilton</i> , Andrew R. Heinze	The Lark (Roundtable)	2012
♦ <i>The Only Girl in the Hot Tub</i> , Ariel Stess	The Presence Fall Reading Series	2011
♦ <i>The Adventures of Mabel</i> , Victoria Meyers	McGinn-Cazale Theater	2011
♦ <i>The Beautiful Beautiful Sea Next Door</i> , Annah Feinberg	ANT Fest, Ars Nova	2011
♦ <i>Green Dating</i> , Chantal Bilodeau	Estrogenius Festival at MTS	2011
♦ <i>For the Price of a Balloon on 10th</i> , Danny Carrol	Highline Park, ESPA class final	2011
♦ <i>The Rapture of Our Teeth</i> , Shoshana Greenburg	Primary Stages Detention	2011
♦ <i>Staring Directly into the Sun</i> , Lily Gellman	Writopia Lab Playwrights Festival	2011
♦ <i>The Day the Devil Passed Through Harper County</i> , Daniel Carroll	EBE Ensemble Elephants on Parade	2011
♦ <i>A Meeting</i> , Joseph Talarico	Gallery Players Black Box Festival	2010
<i>Domestic Mastermind</i> , Alison Adams	Network One-Act Festival	2010
♦ <i>Medusa Cuts Her Hair</i> , Annah Feinberg	MTC Creative Center (Staged Reading)	2010
<i>The Capables</i> , Jay Stull	The Lark (Roundtable)	2010
<i>The Sunrise Side</i> , Ashley Minihan	The Lark (Roundtable)	2010
<i>Cloud 9</i> , Caryl Churchill	UNC-CH, Lab! Theatre	2008
<i>The Shape of Things</i> , Neil LaBute	General Store Café in Pittsboro, NC	2008
<i>Night Sky</i> , Susan Yankowitz	Historic Playmakers Theater	2007

ASSIST./ASSOC. DIRECTING (highlights)

<u>Title, Playwright</u>	<u>Director</u>	<u>Company</u>	<u>Year</u>
<i>The Strangest</i> , Betty Shamieh	May Adrales	Semitic Root, LLC	2017
<i>Must/Can't</i> , Niko Eisen	Dave Mowers	NYU Steinhardt Drama Therapy	2015
<i>Borderline As Performance</i> , Robert Landy	Dave Mowers	NYU Steinhardt Drama Therapy	2014
<i>Towards the Fear</i> , Joe Salvatore	Joe Salvatore	NYU Steinhardt Drama Therapy	2014
<i>Esmi Four Years After</i> , Kate Hurd	Dave Mowers	NYU Steinhardt Drama Therapy	2013
<i>The Dance & the Railroad</i> , David Henry Hwang	May Adrales	Signature Theatre Company	2013
♦ <i>Trade Practices</i> , Chris Wells & Robert Lyons	Kristin Marting	HERE Arts Center (rehearsal assistant)	2012
♦ <i>The Madrid</i> , Liz Flahive	Leigh Silverman	Manhattan Theatre Club (Reading)	2012
♦ <i>Our Lot</i> , W. David Hancock & Kristin Newbom	May Adrales	Clubbed Thumb's Summerworks	2011
♦ <i>Girls Shouldn't Play Soccer</i> , Marta Buchaca	May Adrales	CUNY Prelude Festival: Catalonia	2011
<i>The Glass Menagerie</i> , Tennessee Williams	Libby Appel	PlayMakers Repertory Company (PRC)	2009
<i>Pericles</i> , Shakespeare	Joseph Haj	PRC (directing observer)	2008
<i>Kid Simple</i> , Jordan Harrison	Shelley Butler	Chapel Hill MFA Production	2007